

01/21/23

CREATIVE WRITING CLASS #1: FEAR

778 Days

Down

Fear can be consuming - a darkness you fall deeper into until it becomes what defines you.

Fear is a stone growing infinitely larger within the center of your soul.

Fear chooses your actions, and moreover, it dictates your mind. It eviscerates its counterparts, hope and joy, for its own selfish gain.

Fear is a parasite; a glutton that can't be satisfied until it has destroyed its host.

Fear kills you, more spiritually than anything; it creates a numbness that turns your mind to paper.

Fear steals your love before you get a chance to feel it. It whispers "you're not good enough, so don't even try". And the worst part is, you believe it.

Fear consumes, it grows, it dictates, it destroys, it kills, it steals. Yet it also creates.

Fear creates strength that you thought you lost a lifetime ago.

Fear builds character; it pushes you to fight when all other options failed.

Fear teaches you things about yourself you never knew.

Fear presents opportunities to challenge the very beliefs that make life seem impossible, and it does so without a safety net.

Fear encourages - no, it mandates - that you overcome the impossible until that word - "impossible" - becomes a joke.

Fear changes you, for the better, but only if you let it. You must welcome it in, get to know it, build with it a while. Fear is a choice in every regard.

It is not omnipotent, it is not our aggressor. Fear is an opportunity life slams in our face so we can truly see what we're made of.